



MATCH NOTES

25/26 Season





FORT LAUDERDALE UNITED FC

Gainbridge Super League Match 27 | May 9, 2026 | 7:30 PM ET
Beyond Bancard Field | Fort Lauderdale, FL.

2025/26 Home Finale

Game 27 Matchup



vs.



Carolina Ascent FC

13-7-6 (W/L/D) | 3rd Place

FTL UTD

5-13-8 (W/L/D) | 9th Place

STREAM ON peacock



WATCH LOCALLY ON



League Standings

| RANK | TEAM | MP | W | L | D | GD | PTS |
|------|-------------------------------|----|----|----|----|-----|-----|
| 1 | x - Sporting JAX | 27 | 16 | 6 | 5 | +24 | 53 |
| 2 | x - Lexington SC | 26 | 12 | 3 | 11 | +23 | 47 |
| 3 | <u>x - Carolina Ascent FC</u> | 26 | 13 | 7 | 6 | +7 | 45 |
| 4 | Dallas Trinity FC | 26 | 9 | 10 | 7 | -10 | 34 |
| 5 | DC Power FC | 27 | 8 | 10 | 9 | +3 | 33 |
| 6 | Spokane Zephyr FC | 26 | 8 | 9 | 9 | +1 | 33 |
| 7 | e - Brooklyn FC | 26 | 6 | 12 | 8 | -7 | 26 |
| 8 | e - Tampa Bay Sun FC | 26 | 5 | 12 | 9 | -16 | 24 |
| 9 | <u>e - Fort Lauderdale</u> | 26 | 5 | 13 | 8 | -25 | 23 |

Player Availability/Injury Report

UNAVAILABLE:

- #6 - Molly McDougal
- #15 - Lilly McCarthy
- #27 - Julia Grosso

Matchup History

Series Record: 4-2-2

- 9/6/24: 1-2 L at CAR
- 3/2/25: 2-1 W at CAR
- 6/8/25: 2-1 W at CAR (SF)
- 8/30/25: 2-2 D at HOME
- 3/28/26: 1-1 D at CAR
- 12/14/24: 2-0 W at HOME
- 4/26/25: 2-5 L at HOME
- 11/8/25: 1-0 W at CAR

Referee Information

- **Referee:** Drew Klemp
- **Assistant Referee:** Joe Suchoski
- **Assistant Referee:** Fritz Barberousse
- **Fourth Official:** Russell Miller

Team Information

- **Names:** Fort Lauderdale United FC or FTL UTD
- **Abbreviation:** FTL
- **Website:** ftlutd.com
- **Socials:** @FTLUTD



FORT LAUDERDALE UNITED FC

About Fort Lauderdale United FC

Our Purpose

Relentlessly striving for greatness at every level, from nurturing our youth talent to embodying the enduring values of Fort Lauderdale, we aim to be a beacon of global competition and a cornerstone of our local community. By fostering a culture of dedication and unity, we bridge the journey from aspiring youth to professional mastery, ensuring a legacy of excellence and inclusion.

Our Identity

Fort Lauderdale United FC stands for progress, inclusivity, and unity, with an identity that's clean, simple, yet instantly recognizable. Inspired by our city's initials, 'FTL,' our logo mimics the interlocking canals under the bright sun, a nod to our vibrant waters. Our colors—sea foam green and ocean blue—mirror the beauty of our famous beaches and shallows. This emblem celebrates every member of our diverse community, embodying our spirit without bounds.



Stadium Information

Beyond Bancard Field

At Fort Lauderdale United FC, we are building dreams with our new stadium. As South Florida's only professional women's soccer team, this state-of-the-art facility symbolizes opportunity and unity. It represents our commitment to empowering women athletes and inspiring future generations. Join us as we create a space where dreams take flight and excellence thrives.

Located on the the campus of NSU Florida at the site of the former practice facility of the Miami Dolphins, Beyond Bancard Field has a capacity of 7,000 seats.



Address: 7520 SW 30th St, Davie, FL 33328



FORT LAUDERDALE UNITED FC

Matchup Preview

Fort Lauderdale United FC comes into Saturday's home finale on a down stretch, but made history last weekend when legendary midfielder Allie Long made her club debut and became the first World Cup Winner to appear in a Gainbridge Super League match. The club's attack is led by the dynamic quartet of Kiara Locklear (6G, 4A), Kelli Van Treeck (4G, 2A), Abi Hugh (1G, 1A) and the in-form Sh'nia Gordon (2G), who has found the net twice over the last month. The middle of the park is brought together by the trio of Kat Gonzalez, Taylor Smith and Shea Moyer, while goalkeeper Haley Craig became the club's all-time saves leader last weekend. With Fort Lauderdale looking to end its season on a high note, the club will have a chance to earn its third home win against a team it has had good fortune against previously.

Carolina Ascent FC enters Saturday's clash as the hottest team in the league, unbeaten in its last five while winning each of its last four. The well-balanced club boasts a top-three defense (26 GA) while ranking fourth in goals scored (33). Its attack is led by Rylee Baisden (5G) and Madison Mercado (4G), while four other players have each reached the three-goal mark. Defensively, Jill Aguilera is the leader of the back-line and also ranks tied for the league lead in chances created (50). With Carolina's playoff spot locked up, Saturday proves to be a chance for Fort Lauderdale to earn points in its final match at Beyond Bancard Field this season.

News

- Fort Lauderdale announces leadership change, naming Paul Jennison Head Coach of the Gainbridge Super League side with 12 matches remaining.
- Academy Product Daniela Todd signs professional deal, becomes second player in club history to advance from Fort Lauderdale Academy to the pro ranks.
- New-look squad set for Spring portion of the season, Laveni Vaka to make her anticipated return & FTL UTD to host 6 home matches across final 12 games.
- Kelli Van Treeck named to December Team of the Month, her 2nd honor of season.
- Fort Lauderdale reached midway point of the 2025/26 season, earning 18 points across 14 matches, 7 TOTM honorees, 19 goals scored & 3 clean sheets.





FORT LAUDERDALE UNITED FC

Executive & Coaching Staff



Tommy Smith – Founder and Chairman



Paul Jennison – Interim Head Coach

- Jennison was named the Interim Head Coach on February 11, 2026, after a mid-season leadership change, assuming the role with 12 matches remaining in the 2025/26 Gainbridge Super League season.
- Jennison joined Fort Lauderdale United FC after a year at South Carolina and four years as head of goalkeeping at IMG Academy, where he led all aspects of the program. He previously spent three seasons as an assistant at Northwestern and nine years as head coach at St. Charles East High School in Illinois, with additional experience at the U.S. Soccer Training Centers, ODP, and the British Virgin Islands Men's National Team.



Tyrone Mears – President of Soccer

- Mears guided Fort Lauderdale United to the inaugural USL Super League Final in the 2024/25 season and became the only coach to be named Super League Coach of the Month twice.
- Former Premier League player with West Ham, Burnley, and West Brom, Mears brings extensive professional experience. He's coached with Manchester City, the ECNL, and as an Academy Coach for Inter Miami CF.



Aly Hassan – General Manager

- Hassan, a Nova Southeastern University alum and former U.S. U-20 National Team player, enjoyed a 10+ year professional career with the Fort Lauderdale Strikers and clubs worldwide. Since retiring in 2021, he's focused on recruitment and player development, using a holistic approach to inspire growth and unlock each player's potential.



FORT LAUDERDALE UNITED FC

By The Numbers

Game By Game

| Date | Opponent | W/L/D | G | GA |
|-------|-----------------------|-------|---|----|
| 8/23 | vs Lexington SC | D | 3 | 3 |
| 8/30 | vs Carolina Ascent FC | D | 2 | 2 |
| 9/6 | at Spokane Zephyr FC | W | 1 | 0 |
| 9/13 | vs Dallas Trinity FC | W | 4 | 1 |
| 9/28 | at Brooklyn FC | W | 2 | 1 |
| 10/4 | at Tampa Bay Sun FC | D | 0 | 0 |
| 10/16 | at Lexington SC | L | 1 | 5 |
| 11/1 | vs Brooklyn FC | D | 1 | 1 |
| 11/8 | at Carolina Ascent FC | W | 1 | 0 |
| 11/12 | at DC Power FC | L | 1 | 3 |
| 11/15 | vs Tampa Bay Sun FC | D | 1 | 1 |
| 11/22 | at Sporting JAX | L | 0 | 2 |
| 12/13 | at Sporting JAX | D | 1 | 1 |
| 12/20 | vs Spokane Zephyr FC | L | 1 | 3 |
| 1/31 | vs Lexington SC | L | 1 | 3 |
| 2/7 | vs Dallas Trinity FC | L | 0 | 4 |
| 2/14 | vs Brooklyn FC | D | 3 | 3 |
| 2/21 | at Tampa Bay Sun FC | L | 0 | 3 |
| 3/14 | vs Sporting JAX | L | 0 | 2 |
| 3/21 | at Lexington SC | L | 0 | 2 |
| 3/28 | at Carolina Ascent FC | D | 1 | 1 |
| 4/6 | vs DC Power FC | W | 3 | 1 |
| 4/11 | vs Sporting JAX | L | 1 | 4 |
| 4/22 | at DC Power FC | L | 0 | 4 |
| 4/26 | at Spokane Zephyr FC | L | 1 | 3 |
| 5/2 | vs Tampa Bay Sun FC | L | 1 | 2 |
| 5/9 | vs Carolina Ascent FC | - | - | - |
| 5/16 | at Dallas Trinity FC | - | - | - |

Roster Breakdown

GOALKEEPERS (2)

- #30 - Haley Craig
- #31 - Bella Hara

DEFENDERS (7)

- #5 - Laveni Vaka
- #6 - Molly McDougal
- #11 - Sh'nia Gordon
- #16 - Abi Hugh
- #18 - Ella Simpson
- #27 - Julia Grosso
- #47 - Maggie Mace

MIDFIELDERS (9)

- #4 - Allie Long
- #8 - Shea Moyer
- #15 - Lilly McCarthy
- #21 - Kat González
- #23 - Taylor Smith
- #29 - Kelli Van Treeck
- #35 - Daniela Todd
- #34 - Jules Cagle (A)
- #38 - Sadie Zelnick (A)

FORWARDS (6)

- #9 - Sophie Harding
- #10 - Emily Thompson
- #20 - Kiara Locklear
- #22 - Kate Colvin
- #39 - Maya Buerger (A)
- #40 - Alana Yasuda (A)

At Home:

2W, 6L, 5D (11 PTS) - 21 G / 30 GA

On Road:

3W, 7L, 3D (12 PTS) - 9 G / 25 GA

TEAM LEADERS

- GOALS** - Kiara Locklear (6)
- ASSISTS** - Kiara Locklear (4)
- SHOTS** - Kiara Locklear (34)
- SHOTS ON TARGET** - Kiara Locklear (19)
- CHANCES CREATED** - Kiara Locklear (23)
- PASSES** - Ella Simpson (885)
- INTERCEPTIONS** - Sh'nia Gordon (25)
- CLEARANCES** - Ella Simpson (124)
- BLOCKS** - Laveni Vaka (14)
- TACKLES WON** - Kelli Van Treeck (45)
- DUELS WON** - Kelli Van Treeck (166)
- SAVES** - Haley Craig (48)
- CATCHES** - Bella Hara (3)
- MINUTES PLAYED** - Sh'nia Gordon (2,287)

Stat Breakdown

LEAGUE LEADERS

Defender Ella Simpson ranks eighth in the league in clearances (124), while fellow defender Laveni Vaka sits tied for 13th in blocks (12). The duo of Kiara Locklear (T-11th; 6) and midfielder Kelli Van Treeck (T-19th; 4) have been electric past the three-quarter point of the season, ranking inside the top-20 in goals. Locklear ranks T-9th in the league with 4 assists, while Van Treeck ranks T-25th in the league with 2. Goalkeeper Haley Craig has been elite in the net, ranking 5th in saves (48), with Bella Hara sitting T-9th with 34 saves and T-7th with three clean sheets.

Fort Lauderdale ranks T-5th in the league in goals (30) despite ranking last in shots (230), which helps the club rank third in conversion rate (15%).



FORT LAUDERDALE UNITED FC

2025/2026 Numerical Roster

| # | Name | Position | Height | Hometown | College | Pronunciation |
|----|------------------|----------|--------|------------------------|------------------|-------------------------|
| 4 | Allie Long | MF | 5'8 | Northport, NY | North Carolina | [AL-ee LONG] |
| 5 | Laveni Vaka | DF | 5'7 | Sandy, UT | Brigham Young | [luh-VEN-ee VAH-kuh] |
| 6 | Molly McDougal | DF | 5'8 | Prosper, TX | Southern Cal | [MAH-lee MICK-DOO-gull] |
| 8 | Shea Moyer | MF | 5'4 | Bethlehem, PA | Penn State | [SHAY MOY-er] |
| 9 | Sophie Harding | FW | 5'7 | Manly, Australia | _____ | [SO-fee HAR-ding] |
| 10 | Emily Thompson | FW | 5'7 | Miramar, FL | Central Florida | [EM-uh-lee TAHMP-sun] |
| 11 | Sh'nia Gordon | DF | 5'6 | Ocklawaha, FL | West Virginia | [shuh-NY-uh GOR-dun] |
| 15 | Lilly McCarthy | MF | 5'10 | Baltimore, MD | West Virginia | [LIL-ee mih-CAR-thee] |
| 16 | Abi Hugh | DF | 5'4 | Huntington, WV | NC State | [AB-ee HYOO] |
| 18 | Ella Simpson | DF | 5'10 | Orlando, FL | Samford | [ELL-uh SIMP-sun] |
| 20 | Kiara Locklear | FW | 5'4 | Mooresville, NC | Lipscomb | [kee-AR-uh LOCK-leer] |
| 21 | Kat Gonzalez | MF | 5'5 | Blakeslee, PA | Marshall | [KAT gon-ZAH-lez] |
| 22 | Kate Colvin | FW | 5'8 | Magnolia, TX | Texas A&M | [KATE COAL-vin] |
| 23 | Taylor Smith | MF | 5'6 | Fort Lauderdale, FL | _____ | [TAY-lur SMITH] |
| 27 | Julia Grosso | DF | 5'5 | Sunrise, FL | Kentucky | [JOO-lee-uh GRAW-so] |
| 29 | Kelli Van Treeck | MF | 5'7 | Mt. Pleasant Mills, PA | Lipscomb | [KELL-ee van TREEK] |
| 30 | Haley Craig | GK | 5'10 | Dexter, MI | Stanford | [HAY-lee KRAYG] |
| 31 | Bella Hara | GK | 5'7 | San Diego, CA | Cal Poly Pomona | [BELL-uh HAIR-uh] |
| 35 | Daniela Todd | MF | 5'7 | Miami, FL | _____ | [dan-YELL-uh TOD] |
| 47 | Maggie Mace | DF | 5'7 | Ponte Vedra Beach, FL | Washington State | [MAG-ee MAYS] |

2025/2026 Alphabetical Roster

| # | Name | Position | Height | Hometown | College | Pronunciation |
|----|------------------|----------|--------|------------------------|------------------|-------------------------|
| 22 | Kate Colvin | FW | 5'8 | Magnolia, TX | Texas A&M | [KATE COAL-vin] |
| 30 | Haley Craig | GK | 5'10 | Dexter, MI | Stanford | [HAY-lee KRAYG] |
| 21 | Kat Gonzalez | MF | 5'5 | Blakeslee, PA | Marshall | [shuh-NY-uh GOR-dun] |
| 11 | Sh'nia Gordon | DF | 5'6 | Ocklawaha, FL | West Virginia | [KAT gon-ZAH-lez] |
| 27 | Julia Grosso | DF | 5'5 | Sunrise, FL | Kentucky | [JOO-lee-uh GRAW-so] |
| 31 | Bella Hara | GK | 5'7 | San Diego, CA | Cal Poly Pomona | [BELL-uh HAIR-uh] |
| 9 | Sophie Harding | FW | 5'7 | Manly, Australia | _____ | [SO-fee HAR-ding] |
| 16 | Abi Hugh | MF | 5'4 | Huntington, WV | NC State | [AB-ee HYOO] |
| 20 | Kiara Locklear | FW | 5'4 | Mooresville, NC | Lipscomb | [kee-AR-uh LOCK-leer] |
| 4 | Allie Long | MF | 5'8 | Northport, NY | North Carolina | [AL-ee LONG] |
| 47 | Maggie Mace | DF | 5'7 | Ponte Vedra Beach, FL | Washington State | [MAG-ee MAYS] |
| 15 | Lilly McCarthy | MF | 5'10 | Baltimore, MD | West Virginia | [LIL-ee mih-CAR-thee] |
| 6 | Molly McDougal | DF | 5'8 | Prosper, TX | Southern Cal | [MAH-lee MICK-DOO-gull] |
| 8 | Shea Moyer | MF | 5'4 | Bethlehem, PA | Penn State | [SHAY MOY-er] |
| 18 | Ella Simpson | DF | 5'10 | Orlando, FL | Samford | [ELL-uh SIMP-sun] |
| 23 | Taylor Smith | MF | 5'6 | Fort Lauderdale, FL | _____ | [TAY-lur SMITH] |
| 10 | Emily Thompson | FW | 5'7 | Miramar, FL | Central Florida | [EM-uh-lee TAHMP-sun] |
| 35 | Daniela Todd | MF | 5'7 | Miami, FL | _____ | [dan-YELL-uh TOD] |
| 5 | Laveni Vaka | DF | 5'7 | Sandy, UT | Brigham Young | [luh-VEN-ee VAH-kuh] |
| 29 | Kelli Van Treeck | MF | 5'7 | Mt. Pleasant Mills, PA | Lipscomb | [KELL-ee van TREEK] |

2025/2026 Academy Players

| # | Name | Position | Hometown | Commitment | Pronunciation |
|----|---------------|----------|-------------------|------------|--------------------------|
| 34 | Jules Cagle | MF | Clemmons, NC | _____ | [JOOZ KAY-gull] |
| 38 | Sadie Zelnick | MF | Cooper City, FL | _____ | [SAY-dee ZELL-nik] |
| 39 | Maya Buerger | FW | Davie, FL | _____ | [MY-uh BUR-ger] |
| 40 | Alana Yasuda | FW | Coral Springs, FL | _____ | [uh-LAHN-uh yuh-SOO-duh] |



FORT LAUDERDALE UNITED FC

2025/2026 Roster



Allie LONG



Laveni VAKA



Molly McDOUGAL



Shea MOYER



Sophie HARDING



Emily THOMPSON



Sh'nia GORDON



Lilly McCARTHY



Abi HUGH



Ella SIMPSON



Kiara LOCKLEAR



Kat GONZÁLEZ



Kate COLVIN



Taylor SMITH



Julia GROSSO



Kelli VAN TREECK



Haley CRAIG



Bella HARA



Jules CAGLE



Daniela TODD



Sadie ZELNICK



Maya BUERGER



Alana YASUDA



Maggie MACE



FORT LAUDERDALE UNITED FC

2025/2026 Player Bios



#4 ALLIE LONG

MF | 8/13/1987 | 5'8 | NORTHPORT, NY

- 2019 FIFA Women's World Cup champion; 51 caps and 8 goals with USWNT.
- Three-time NWSL champion; 172 appearances with 36 goals & 16 assists with POR, SEA & NJ/NY.
- UNC alum; won 2008 NCAA Title.

2025/26 SEASON STATS

- G: 0
- A: 0
- S: 0
- SONT: 0
- PA: 100.0%
- INT: 0

2025/26 INFO

GP/GS: 1/0
YC/RC: 0/0



#5 LAVENI VAKA

DF | 8/11/2001 | 5'3 | SANDY, UT

- All-League Second Team selection in 24/25, recording 65 clearances and 45 duels won before a season-ending injury.
- Selected by Bay FC in the 2024 NWSL Draft, becoming Tonga's first female professional soccer player.
- 2022 WCC Defender of the Year at BYU.

2025/26 SEASON STATS

- G: 0
- A: 1
- PA: 88.1%
- CL: 33
- INT: 5
- DW: 18

2025/26 INFO

GP/GS: 11/10
YC/RC: 1/1



#6 MOLLY McDOUGAL

DF | 1/19/2004 | 5'8 | PROSPER, TX

- Joined FTL UTD with 8 matches to go in 25/26 season after preseason stints with San Diego Wave and Portland Thorns.
- SEC and Big Ten experience with Mississippi State and USC; 72 GP & 43 GS.
- Made 37 appearances over final two seasons at USC; won Big 10 Title in 2024.

2025/26 SEASON STATS

- G: 0
- A: 0
- PA: 0.0%
- CL: 0
- INT: 0
- DW: 0

2025/26 INFO

GP/GS: 0/0
YC/RC: 0/0



#8 SHEA MOYER

MF | 12/28/1998 | 5'4 | BETHLEHEM, PA

- Arrived on loan from Lexington SC with 7 matches remaining in the 25/26 season.
- Earned 2024/25 All-League Second Team honors; captain for Lexington SC.
- Penn State alum; made 43 appearances with 3 goals and 8 assists in career.

2025/26 SEASON STATS

- G: 3
- A: 0
- S: 10
- SONT: 4
- PA: 84.5%
- INT: 12

2025/26 INFO

GP/GS: 25/8
YC/RC: 2/0



FORT LAUDERDALE UNITED FC



#9 SOPHIE HARDING

FW | 6/10/1999 | 5'7 | MANLY, AUSTRALIA

- Arrives in South Florida after a dominant start to her career in Australia.
- Won Julie Dolan Medal in 23/24 as the A-League's best player, recording 12 goals and 4 assists during the campaign.
- Selected for two matches with the Australian National Team in 2024.

2025/26 SEASON STATS

- G: 0
- A: 1
- S: 5
- SONT: 2
- PA: 60.3%
- INT: 2

2025/26 INFO

GP/GS: 12/2

YC/RC: 0/0



#10 EMILY THOMPSON

FW | 2/9/2004 | 5'7 | MIRAMAR, FL

- Signed with 8 matches left in the 25/26 season, becoming the third Broward County native to sign with the club.
- Local product out of American Heritage; attended West Virginia & UCF.
- Dynamic forward recorded 2 goals and 3 assists across 34 collegiate games.

2025/26 SEASON STATS

- G: 1
- A: 0
- S: 8
- SONT: 3
- PA: 75.0%
- INT: 2

2025/26 INFO

GP/GS: 6/6

YC/RC: 0/0



#11 SH'NIA GORDON (C)

DF | 4/9/1997 | 5'6 | OCKLAWAHA, FL

- Started all 30 matches for FTL UTD in 24/25, tallying 5 goals and a team-high 4 assists across 2,573 minutes.
- Earned Team of the Month honors in March and May of the 24/25 season
- Has played professionally for FC Metz, PFC CSKA Moscow and Racing Louisville.

2025/26 SEASON STATS

- G: 2
- A: 0
- PA: 73.8%
- CL: 73
- INT: 25
- DW: 82

2025/26 INFO

GP/GS: 26/26

YC/RC: 4/0



#15 LILLY MCCARTHY

MF | 3/25/2002 | 5'10 | BALTIMORE, MD

- Appeared in 91 matches for West Virginia across 5 seasons, logging over 5,100 minutes.
- All-Big 12 First Team selection in 2024 and All-Midwest Region Second Team honoree.
- Named WVU Team MVP in 2024.

2025/26 SEASON STATS

- G: 1
- A: 0
- S: 1
- SONT: 1
- PA: 60.0%
- INT: 1

2025/26 INFO

GP/GS: 9/0

YC/RC: 0/0



FORT LAUDERDALE UNITED FC



#16 ABI HUGH

DF | 8/17/2002 | 5'4 | HUNTINGTON, WV

- Signed ahead of spring season; versatile option in the midfield and back line.
- C-USA Freshman of the Year at Marshall; closed college career at NC State
- Great Forest Div. POTY with Riveters SC; made pro debut in the UEFA Champions League with Apollon Ladies FC.

2025/26 SEASON STATS

- G: 1
- A: 1
- PA: 68.2%
- CL: 30
- INT: 11
- DW: 39

2025/26 INFO

GP/GS: 11/11

YC/RC: 1/0



#18 ELLA SIMPSON

DF | 7/21/2002 | 5'10 | ORLANDO, FL

- Played collegiately at Samford, started all 97 matches she played over five seasons & logged over 8,300 minutes.
- 2024 First Team All-SOCON selection with 5 goals scored, as well as 1 assist.
- 3x SOCON Tournament Champion and 3x All-Tournament Team ('21, '22 & '24).

2025/26 SEASON STATS

- G: 4
- A: 0
- PA: 74.8%
- CL: 124
- INT: 13
- DW: 75

2025/26 INFO

GP/GS: 21/21

YC/RC: 0/0



#20 KIARA LOCKLEAR

FW | 11/4/2002 | 5'4 | MOORESVILLE, NC

- All-League Second Team in 24/25, recorded 9 goals and 2 assists across 26 starts & 2,038 minutes.
- Earned back-to-back Player of the Month honors, only player to win award twice.
- CAA Midfielder of the Year in 2023 at Towson University.

2025/26 SEASON STATS

- G: 6
- A: 4
- S: 34
- SONT: 19
- PA: 70.6%
- INT: 8

2025/26 INFO

GP/GS: 26/25

YC/RC: 6/0



#21 KAT GONZÁLEZ

MF | 7/12/2000 | 5'5 | BLAKESLEE, PA

- Appeared in 23 matches for Carolina Ascent FC in 24/25, logging 843 minutes.
- Mainstay on the Dominican Republic National Team since 2021; scored the first goal in W Gold Cup history.
- All-Sun Belt Second Team at Marshall in 2022 with 7 goals and 3 assists.

2025/26 SEASON STATS

- G: 1
- A: 1
- S: 11
- SONT: 6
- PA: 75.2%
- INT: 9

2025/26 INFO

GP/GS: 23/11

YC/RC: 0/0



FORT LAUDERDALE UNITED FC



#22 KATE COLVIN

FW | 12/27/2001 | 5'8 | MAGNOLIA, TX

- Played in 78 matches for Texas A&M over five seasons, logging 4,014 minutes.
- Standout season in 2022 with 4 goals & 8 assists in 19 starts; earned Iron Aggie Award and Aggie Assist Leader honors.
- Captained the U-17 and U-19 Houston Dash Development Academy teams.

2025/26 SEASON STATS

- G: 1
- A: 0
- S: 3
- SONT: 2
- PA: 69.6%
- INT: 3

2025/26 INFO

GP/GS: 12/3
YC/RC: 0/0



#23 TAYLOR SMITH

MF | 10/14/2007 | 5'6 | FORT LAUDERDALE, FL

- Appeared in 29 of 30 matches for FTL UTD in 24/25, finishing top-10 on the team in minutes, duels and interceptions
- Became youngest pro in league history at 17 years old.
- First player in league history to sign a pro contract from an academy deal.

2025/26 SEASON STATS

- G: 0
- A: 0
- S: 0
- SONT: 0
- PA: 71.6%
- INT: 10

2025/26 INFO

GP/GS: 23/21
YC/RC: 2/2



#27 JULIA GROSSO

DF | 12/10/1998 | 5'5 | SUNRISE, FL

- Joined FTL UTD ahead of the second half of 24/25, appearing in 7 matches and logging 603 minutes.
- Recorded lone assist with Semifinal game-winner in the 120th minute.
- Melbourne City's "Player of the Year" in 2022-23 A-League season.

2025/26 SEASON STATS

- G: 0
- A: 0
- PA: 72.2%
- CL: 73
- INT: 16
- DW: 95

2025/26 INFO

GP/GS: 22/18
YC/RC: 1/0



#29 KELLI VAN TREECK

MF | 6/9/2000 | 5'7 | MT. PLEASANT MILLS, PA

- Began collegiate career at Penn State before transferring to Lipscomb.
- Started 36 matches over final two seasons at Lipscomb, scoring 25 goals.
- Back-to-back ASUN Player of the Year, All-ASUN First Team, and All-Region honors (1st Team '22, 2nd Team '23).

2025/26 SEASON STATS

- G: 4
- A: 2
- S: 23
- SONT: 11
- PA: 68.6%
- INT: 21

2025/26 INFO

GP/GS: 26/23
YC/RC: 4/0



FORT LAUDERDALE UNITED FC



#30 HALEY CRAIG

GK | 2/7/2003 | 5'10 | DEXTER, MI

2025/26 SEASON STATS

- Former Stanford GK; 12 shutouts in 2024 while leading the Cardinal to Final Four.
- USYNT alum with U-17 & U-19 teams; won 2019 UEFA Development Tournament.
- Signed roster-relief deal with NWSL's Portland Thorns for Concacaf W Champions Cup.

- SF: 71
- SAV: 48
- GC: 23
- CS: 0
- PA: 75.4%
- CL: 20

2025/26 INFO

GP/GS: 10/9

YC/RC: 0/0



#31 BELLA HARA

GK | 9/10/2002 | 5'7 | SAN DIEGO, CA

2025/26 SEASON STATS

- Started all 43 matches at Cal Poly Pomona; back-to-back All-CCAA 2nd Team.
- 14 shutouts in '24 while captaining CPP to NCAA D-II National Championship
- Guam international since '23; captained '24 WAFF Championships and played three '25 AFC Women's Asian Cup Qualifiers.

- SF: 53
- SAV: 34
- GC: 19
- CS: 3
- PA: 77.7%
- CL: 19

2025/26 INFO

GP/GS: 13/13

YC/RC: 0/1



#34 JULES CAGLE

A

MF | 5/14/2009 | CLEMMONS, NC

2025/26 SEASON STATS

- Cagle enters the 2025/26 season as one of Fort Lauderdale United FC's Academy contract players.
- First-Team ECNL Girls U-16 Southeast All-Conference Team.
- Has earned 7 USYNT camp invites & 4 NWSL camp invites.

- G: 0
- A: 0
- S: 1
- SONT: 1
- PA: 50.0%
- INT: 1

2025/26 INFO

GP/GS: 3/0

YC/RC: 0/0



#35 DANIELA TODD

MF | 3/13/2008 | 5'7 | MIAMI, FL

2025/26 SEASON STATS

- Signed her first professional contract ahead of spring season after developing as an Academy player; second player in club history to progress from Academy to Pro.
- Defender with international experience for the Colombia U-17 Women's National Team, appeared in 2025 U-17 World Cup.

- G: 0
- A: 1
- S: 1
- SONT: 1
- PA: 70.8%
- INT: 2

2025/26 INFO

GP/GS: 10/1

YC/RC: 0/0



FORT LAUDERDALE UNITED FC



#38 SADIE ZELNICK

A

MF | 10/7/2008 | COOPER CITY, FL

- Zelnick enters the 2025/26 season as one of Fort Lauderdale United FC's Academy contract players.
- First Team All-County in 2024/25 season

2025/26 SEASON STATS

- G: 0
- A: 0
- S: 0
- SONT: 0
- PA: 0.0%
- INT: 0

2025/26 INFO

GP/GS: 0/0

YC/RC: 0/0



#39 MAYA BUERGER

A

FW | 11/20/2009 | DAVIE, FL

- Buerger enters the 2025/26 season as one of Fort Lauderdale United FC's Academy contract players.
- Plays for El Salvador U-15, U-17 and U-20 teams; appeared in three international tournaments.
- Top goal scorer in Concacaf U-17.

2025/26 SEASON STATS

- G: 0
- A: 0
- S: 0
- SONT: 0
- PA: 0.0%
- INT: 0

2025/26 INFO

GP/GS: 0/0

YC/RC: 0/0



#40 ALANA YASUDA

A

FW | 9/21/2009 | CORAL SPRINGS, FL

- Yasuda joins Fort Lauderdale United FC as an Academy player with 11 matches remaining in the 2025/26 season.
- U-15 Brazil Youth National Team; coming off 9-goal season in Sophomore year at Coral Glades High School.

2025/26 SEASON STATS

- G: 0
- A: 0
- S: 0
- SONT: 0
- PA: 0.0%
- INT: 0

2025/26 INFO

GP/GS: 0/0

YC/RC: 0/0



#47 MAGGIE MACE

DF | 1/7/2004 | 5'7 | PONTE VEDRA BEACH, FL

- Joined FTL UTD with 10 matches remaining in the 25/26 Super League campaign, reinforcing back-line corps.
- Played collegiately for Washington State & Coastal Carolina, appearing in all 72 possible matches with 69 starts.

2025/26 SEASON STATS

- G: 0
- A: 0
- PA: 81.3%
- CL: 40
- INT: 3
- DW: 17

2025/26 INFO

GP/GS: 8/8

YC/RC: 1/0

RECORD BOOK





FORT LAUDERDALE UNITED FC

Record Book

Individual Season Leaders

Goals

- 1.) 10..... Addie McCain (2024/25)
- 2.) 9..... Jasmine Hamid (2024/25)
- 3.) 7..... Kiara Locklear (2024/25)
- 4.) 6..... Kiara Locklear (2025/26)
- 5.) 5..... Sh'nia Gordon (2024/25)
- 6.) 4..... Kelli Van Treeck (2025/26)
- 4..... Ella Simpson (2025/26)

Assists

- 1.) 4..... Kiara Locklear (2025/26)
- 4..... Kiara Locklear (2024/25)
- 4..... Sh'nia Gordon (2024/25)
- 4.) 3..... Felicia Knox (2024/25)
- 5.) 2..... Kelli Van Treeck (2025/26)
- 2..... Stella Nyamekye (2025/26)
- 2..... Laurel Ansbrow (2024/25)
- 2..... Jasmine Hamid (2024/25)
- 2..... Addie McCain (2024/25)
- 2..... Cameron Brooks (2024/25)

Shots

- 1.) 54..... Sh'nia Gordon (2024/25)
- 2.) 48..... Jasmine Hamid (2024/25)
- 3.) 36..... Jasmine Hamid (2025/26)
- 4.) 34..... Kiara Locklear (2025/26)
- 34..... Addie McCain (2024/25)

Shots on Target

- 1.) 24..... Jasmine Hamid (2024/25)
- 2.) 22..... Sh'nia Gordon (2024/25)
- 3.) 19..... Kiara Locklear (2025/26)
- 4.) 18..... Kiara Locklear (2024/25)

Passes

- 1.) 1,176..... Addie McCain (2024/25)
- 2.) 1,075..... Celia Gaynor (2024/25)
- 3.) 1,033..... Cosette Morché (2024/25)

Saves

- 1.) 48..... Haley Craig (2025/26)
- 2.) 46..... Cosette Morché (2024/25)
- 3.) 34..... Bella Hara (2025/26)
- 4.) 21..... Makenna Gottschalk (2024/25)

Shots Faced

- 1.) 73..... Cosette Morché (2024/25)
- 2.) 71..... Haley Craig (2025/26)
- 3.) 52..... Bella Hara (2025/26)
- 4.) 27..... Makenna Gottschalk (2024/25)

Clean Sheets

- 1.) 7..... Cosette Morché (2024/25)
- 2.) 3..... Bella Hara (2025/26)

Games Played

- 1.) 30..... Sh'nia Gordon (2024/25)
- 30..... Addie McCain (2024/25)
- 3.) 29..... Taylor Smith (2024/25)
- 4.) 28..... Jasmine Hamid (2024/25)

Games Started

- 1.) 30..... Sh'nia Gordon (2024/25)
- 30..... Addie McCain (2024/25)
- 3.) 29..... Jasmine Hamid (2024/25)
- 4.) 26..... Sh'nia Gordon (2025/26)
- 5.) 25..... Kiara Locklear (2025/26)

Minutes Played

- 1.) 2,673..... Addie McCain (2024/25)
- 2.) 2,573..... Sh'nia Gordon (2024/25)
- 3.) 2,287..... Sh'nia Gordon (2025/26)
- 4.) 2,242..... Kiara Locklear (2025/26)
- 5.) 2,166..... Cosette Morché (2024/25)

Clearances

- 1.) 124..... Ella Simpson (2025/26)
- 2.) 80..... Laurel Ansbrow (2024/25)
- 3.) 73..... Sh'nia Gordon (2025/26)
- 73..... Julia Grosso (2025/26)
- 4.) 68..... Laurel Ansbrow (2025/26)

Interceptions

- 1.) 40..... Addie McCain (2024/25)
- 2.) 26..... Darya Rajaei (2024/25)
- 3.) 25..... Sh'nia Gordon (2025/26)
- 4.) 21..... Kelli Van Treeck (2025/26)

Blocks

- 1.) 18..... Laurel Ansbrow (2024/25)
- 18..... Celia Gaynor (2024/25)
- 3.) 14..... Laveni Vaka (2024/25)
- 4.) 13..... Laveni Vaka (2025/26)

Tackles Won

- 1.) 61..... Addie McCain (2024/25)
- 2.) 45..... Kelli Van Treeck (2025/26)
- 3.) 44..... Sabrina McNeill (2024/25)
- 4.) 35..... Sh'nia Gordon (2025/26)

Duels Won

- 1.) 198..... Addie McCain (2024/25)
- 2.) 166..... Kelli Van Treeck (2025/26)
- 3.) 139..... Jasmine Hamid (2025/26)
- 4.) 126..... Kiara Locklear (2025/26)
- 5.) 114..... Jasmine Hamid (2024/25)



FORT LAUDERDALE UNITED FC

Record Book

Individual Career Leaders

Goals

- 1.) 13..... Kiara Locklear
- 13..... Jasmine Hamid
- 3.) 10..... Addie McCain
- 4.) 7..... Sh'nia Gordon
- 5.) 4..... Kelli Van Treeck
- 4..... Ella Simpson

Assists

- 1.) 8..... Kiara Locklear
- 2.) 4..... Sh'nia Gordon
- 3.) 3..... Jasmine Hamid
- 3..... Laurel Ansbrow
- 3..... Felicia Knox
- 6.) 2..... Kelli Van Treeck
- 2..... Stella Nyamekye
- 2..... Addie McCain
- 2..... Cameron Brooks

Shots

- 1.) 84..... Jasmine Hamid
- 2.) 82..... Sh'nia Gordon
- 3.) 66..... Kiara Locklear

Shots on Target

- 1.) 37..... Kiara Locklear
- 2.) 35..... Sh'nia Gordon
- 3.) 34..... Jasmine Hamid

Passes

- 1.) 1,466..... Laveni Vaka
- 2.) 1,363..... Laurel Ansbrow
- 3.) 1,269..... Sh'nia Gordon
- 4.) 1,200..... Darya Rajaeae
- 5.) 1,176..... Addie McCain

Saves

- 1.) 48..... Haley Craig
- 2.) 46..... Cosette Morché
- 3.) 34..... Bella Hara
- 4.) 21..... Makenna Gottschalk

Shots Faced

- 1.) 73..... Cosette Morché
- 2.) 71..... Haley Craig
- 3.) 52..... Bella Hara
- 4.) 27..... Makenna Gottschalk

Clean Sheets

- 1.) 7..... Cosette Morché
- 2.) 3..... Bella Hara

Games Played

- 1.) 56..... Sh'nia Gordon
- 2.) 52..... Taylor Smith
- 3.) 47..... Jasmine Hamid
- 4.) 44..... Kiara Locklear
- 5.) 39..... Darya Rajaeae

Games Started

- 1.) 56..... Sh'nia Gordon
- 2.) 45..... Taylor Smith
- 3.) 42..... Jasmine Hamid
- 4.) 41..... Kiara Locklear

Minutes Played

- 1.) 4,860..... Sh'nia Gordon
- 2.) 3,727..... Kiara Locklear
- 3.) 3,641..... Taylor Smith
- 4.) 3,514..... Jasmine Hamid
- 5.) 2,761..... Laurel Ansbrow

Clearances

- 1.) 148..... Laurel Ansbrow
- 2.) 124..... Ella Simpson
- 3.) 113..... Sh'nia Gordon
- 4.) 105..... Julia Grosso
- 5.) 99..... Laveni Vaka

Interceptions

- 1.) 45..... Sh'nia Gordon
- 2.) 40..... Addie McCain
- 3.) 37..... Jasmine Hamid
- 4.) 33..... Darya Rajaeae
- 5.) 28..... Taylor Smith

Blocks

- 1.) 28..... Laurel Ansbrow
- 2.) 27..... Laveni Vaka
- 3.) 18..... Celia Gaynor
- 4.) 10..... Ella Simpson
- 10..... Jasmine Hamid
- 10..... Cameron Brooks

Tackles Won

- 1.) 68..... Sh'nia Gordon
- 2.) 61..... Jasmine Hamid
- 61..... Addie McCain
- 4.) 55..... Julia Grosso

Duels Won

- 1.) 253..... Jasmine Hamid
- 2.) 205..... Kiara Locklear
- 3.) 198..... Addie McCain
- 4.) 177..... Sh'nia Gordon



FORT LAUDERDALE UNITED FC

Record Book

Individual Game-High Leaders

Goals

- 1.) 3..... Addie McCain (vs. LEX, 9/22/24)
- 2.) 2..... Kiara Locklear (vs. CAR, 12/15/24)
- 2..... Sh'nia Gordon (vs. BKN, 3/15/25)
- 2..... Kiara Locklear (vs. CAR, 6/9/25)
- 2..... Kelli Van Treeck (vs. DAL, 9/14/25)

Assists

- 1.) 2..... Kiara Locklear (vs. DC, 4/6/26)
- 2..... Kiara Locklear (vs. LEX, 2/23/25)

Shots

- 1.) 5..... Jasmine Hamid (vs. JAX, 11/22/25)
- 5..... Kiara Locklear (vs. CAR, 12/15/24)
- 3.) 4..... Sh'nia Gordon (vs. TB, 5/2/26)
- 4..... Kiara Locklear (vs. BKN, 9/28/25)
- 4..... Sh'nia Gordon (vs. DC, 9/14/25)
- 4..... Kiara Locklear (vs. DAL, 5/25/25)
- 4..... Kiara Locklear (vs. TB, 4/6/25)
- 4..... Sh'nia Gordon (vs. SPK, 3/22/25)
- 4..... Sh'nia Gordon (vs. BKN, 3/15/25)
- 4..... Kiara Locklear (vs. LEX, 2/23/25)
- 4..... Jasmine Hamid (vs. CAR, 12/15/24)
- 4..... Addie McCain (vs. LEX, 9/22/24)
- 4..... Sh'nia Gordon (vs. BKN, 9/14/24)
- 4..... Sh'nia Gordon (vs. SPK, 8/18/24)

Shots on Target

- 1.) 4..... Kiara Locklear (vs. BKN, 9/28/25)
- 4..... Kiara Locklear (vs. CAR, 12/15/24)
- 2.) 3..... Kiara Locklear (vs. DAL, 5/25/25)
- 3..... Sh'nia Gordon (vs. BKN, 3/15/25)
- 3..... Addie McCain (vs. LEX, 9/22/24)

Passes

- 1.) 130..... Celia Gaynor (vs. DC, 11/24/24)
- 2.) 100..... Cameron Brooks (vs. DC, 11/24/24)

Chances Created

- 1.) 5..... Addie McCain (vs. DC, 5/21/25)
- 2.) 4..... Addie McCain (vs. TB, 11/10/24)
- 4..... Sh'nia Gordon (vs. DC, 11/24/24)
- 4..... Darya Rajae (vs. SPK, 3/22/25)
- 4..... Felicia Knox (vs. DC, 4/13/25)

Saves

- 1.) 9..... Haley Craig (vs. DC, 4/22/26)
- 2.) 8..... Makenna Gottschalk (vs. BKN, 10/27/24)
- 3.) 7..... Haley Craig (vs. LEX, 3/21/26)
- 7..... Haley Craig (vs. JAX, 3/14/26)

Clearances

- 1.) 13..... Julia Grosso (vs. BKN, 11/1/25)
- 2.) 11..... Julia Grosso (vs. DC, 4/6/26)
- 11..... Laurel Ansbrow (vs. JAX, 11/22/25)
- 4.) 10..... Ella Simpson (vs. SPK, 9/7/25)
- 10..... Laurel Ansbrow (vs. CAR, 3/2/25)
- 10..... Cameron Brooks (vs. CAR, 6/9/25)
- 7.) 9..... Madison McComasky (vs. CAR, 11/8/25)
- 9..... Laurel Ansbrow (vs. CAR, 6/9/25)
- 9..... Julia Grosso (vs. CAR, 6/9/25)
- 9..... Sabrina McNeill (vs. DAL, 4/19/25)
- 9..... Cameron Brooks (vs. LEX, 5/16/25)

Tackles Won

- 1.) 9..... Addie McCain (vs. DAL, 4/19/25)
- 2.) 8..... Sabrina McNeill (vs. BKN, 5/4/25)
- 3.) 7..... Addie McCain (vs. CAR, 3/2/25)

Blocks

- 1.) 5..... Laveni Vaka (vs. LEX, 3/21/26)
- 2.) 4..... Lily Nabet (vs. DC, 11/12/25)

Duels Won

- 1.) 18..... Addie McCain (vs. CAR, 3/2/25)
- 2.) 14..... Kelli Van Treeck (vs. TB, 2/21/26)
- 14..... Sabrina McNeill (vs. BKN, 5/4/25)
- 4.) 13..... Emily Thompson (vs. TB, 5/2/26)
- 13..... Kelli Van Treeck (vs. DC, 4/6/26)
- 13..... Jasmine Hamid (vs. TB, 10/5/25)
- 7.) 12..... Kelli Van Treeck (vs. SPK, 4/26/26)
- 12..... Jasmine Hamid (vs. LEX, 1/31/26)
- 12..... Anele Komani (vs. LEX, 9/22/24)

Interceptions

- 1.) 4..... Darya Rajae (vs. LEX, 9/22/24)
- 4..... Anele Komani (vs. DAL, 11/2/24)
- 4..... Felicia Knox (vs. SPK, 8/18/24)
- 4..... Anele Komani (vs. DC, 9/14/24)
- 4..... Addie McCain (vs. DAL, 4/19/25)
- 4..... Sabrina McNeill (vs. LEX, 5/16/25)
- 4..... Addie McCain (vs. SPK, 6/1/25)



FORT LAUDERDALE UNITED FC

Record Book

Team Game-High Records

Goals

- 1.) 4..... vs. DAL, 9/14/25
- 2.) 3..... vs. DC, 4/6/26
- 3..... vs. BKN, 2/14/26
- 3..... vs. LEX, 8/24/25
- 3..... vs. LEX, 9/22/24

Assists

- 1.) 3..... vs. BKN, 2/14/26
- 2.) 2..... vs. DC, 4/6/26
- 2..... vs. CAR, 8/31/25
- 2..... vs. CAR, 6/9/25
- 2..... vs. CAR, 4/27/25
- 2..... vs. CAR, 3/2/2025
- 2..... vs. TB, 2/9/25
- 2..... vs. DAL, 12/2/24
- 2..... vs. LEX, 9/22/24

Shots

- 1.) 15..... vs. TB, 4/6/25
- 2.) 14..... vs. CAR, 12/15/24
- 3.) 13..... vs. TB, 11/10/24

Shots on Target

- 1.) 7..... vs. CAR, 12/15/24
- 7..... vs. DAL, 12/2/24
- 7..... vs. TB, 11/10/24
- 7..... vs. BKN, 10/7/24

Passes

- 1.) 608..... vs. DC, 11/14/24
- 2.) 521..... vs. DAL, 9/14/25
- 3.) 514..... vs. CAR, 12/15/24

Saves

- 1.) 9..... vs. DC, 4/22/26
- 2.) 8..... vs. BKN, 10/27/24
- 3.) 7..... vs. LEX, 3/21/26
- 7..... vs. JAX, 3/14/26

Goals Conceded

- 1.) 0..... vs. CAR, 11/8/25
- 0..... vs. TB, 10/5/25
- 0..... vs. SPK, 9/7/25
- 0..... vs. DAL, 5/25/25
- 0..... vs. LEX, 5/16/25
- 0..... vs. SPK, 3/22/25
- 0..... vs. BKN, 3/15/25
- 0..... vs. LEX, 2/23/25
- 0..... vs. CAR, 12/15/24
- 0..... vs. BKN, 10/7/24
- 0..... vs. DC, 9/14/24

Team Season-High Records

Goals

- 1.) 37..... 2024/25 Season
- 2.) 30..... 2025/26 Season

Assists

- 1.) 23..... 2024/25 Season
- 2.) 16..... 2025/26 Season

Shots

- 1.) 262..... 2024/25 Season
- 2.) 198..... 2025/26 Season

Shots on Target

- 1.) 116..... 2024/25 Season
- 2.) 89..... 2025/26 Season

Passes

- 1.) 12,247..... 2024/25 Season
- 2.) 9,218..... 2025/26 Season

Duels Won

- 1.) 1,439..... 2024/25 Season
- 2.) 1,258..... 2025/26 Season

Tackles Won

- 1.) 439..... 2024/25 Season
- 2.) 307..... 2025/26 Season

Interceptions

- 1.) 255..... 2024/25 Season
- 2.) 192..... 2025/26 Season

Saves

- 1.) 94..... 2025/26 Season
- 2.) 76..... 2024/25 Season

Goals Conceded

- 1.) 35..... 2024/25 Season
- 2.) 55..... 2025/26 Season

Clean Sheets

- 1.) 8..... 2024/25 Season
- 2.) 3..... 2025/26 Season

Home Wins

- 1.) 6..... 2024/25 Season
- 2.) 2..... 2025/26 Season

Away Wins

- 1.) 6..... 2024/25 Season
- 2.) 3..... 2025/26 Season

Points

- 1.) 42..... 2024/25 Season
- 2.) 23..... 2025/26 Season



FORT LAUDERDALE UNITED FC

Record Book

Individual Award History

Team of the Month Selections

| | |
|---------------------------|----------------|
| Laveni Vaka..... | August 2024 |
| Felicia Knox..... | August 2024 |
| Jasmine Hamid..... | September 2024 |
| Addie McCain..... | September 2024 |
| Celia Gaynor..... | October 2024 |
| Felicia Knox (2)..... | November 2024 |
| Jasmine Hamid (2)..... | December 2024 |
| Addie McCain (2)..... | December 2024 |
| Sabrina McNeill..... | December 2024 |
| Jasmine Hamid (3)..... | February 2025 |
| Addie McCain (3)..... | February 2025 |
| Laurel Ansbrow..... | February 2025 |
| Laurel Ansbrow (2)..... | March 2025 |
| Sh'nia Gordon..... | March 2025 |
| Cosette Morché..... | March 2025 |
| Addie McCain (4)..... | April 2025 |
| Sh'nia Gordon (2)..... | May 2025 |
| Sabrina McNeill (2)..... | May 2025 |
| Kiara Locklear..... | May 2025 |
| Kiara Locklear (2)..... | September 2025 |
| Ella Simpson..... | September 2025 |
| Kelli Van Treeck..... | September 2025 |
| Jasmine Hamid (4)..... | October 2025 |
| Lily Nabet..... | November 2025 |
| Madison McComasky..... | November 2025 |
| Kelli Van Treeck (2)..... | December 2025 |
| Jasmine Hamid (5)..... | February 2026 |
| Kiara Locklear (3)..... | April 2026 |

Player of the Month Selections

| | |
|------------------------|---------------|
| Jasmine Hamid..... | December 2024 |
| Jasmine Hamid (2)..... | February 2025 |

Coach of the Month Selections

| | |
|------------------------------------|----------------|
| Tyrone Mears..... | September 2024 |
| Tyrone Mears (2)..... | March 2025 |
| Ali Rogers / Tyrone Mears (3)..... | September 2025 |

All-League Selections

| | |
|--------------------|--------------------|
| Addie McCain..... | 1st Team (2024/25) |
| Jasmine Hamid..... | 2nd Team (2024/25) |
| Laveni Vaka..... | 2nd Team (2024/25) |